Activities Worksheet Example

Education		Grades involved		
School name: Grand Island High				
GPA: 3.92				
ACT/SAT score: 27				
Academic highlights	National Honor Society	11-12		
School Activities	Specific Activities	Grades involved	Short description	
Clubs	Youth Advisory Board	11-12	Secretary: Monthly meetings to engage the community in the importance of mental health	
Sports	Golf	10-12		
Sports	Track	11-12	ran the 100,200 and triple jump	
Fine arts	Show Choir	9-12	performed 7-8 times per year while singing and dancing for a choreographed show	
Fine arts	Musical	10-12	minor character in 3 musical years	
Leadership roles	Youth Leadership Today	12		
Honors/Awards	Specific Activities	Grades involved	Short description	
Academic	Academic Letter	9-12	Lettered all 4 years	
Athletic	Golf	11,12	Varsity letter-2 years	
Athletic	Track	12	Varsity letter	
Personal Achievements	GI Elite Member	9-12	Positive member of school to assist as needed	
Personal Achievements	UNL-Leadership Symposium	10	Participated in the event to highlight skills of leadership	
Personal Achievements	Doane Froshmore	10	Choir ensemble of select freshmen and sophomores	
Personal Achievements	Honor Band	11-12	Performed with a select group of other band members in Kearney	
Community Involvement	Specific Activities	Grades involved	Short description	Total hours logged
Volunteering	Humane Society	11	Took dogs on walks, assited with the cleaning of kennels and the feeding of animals	33
Church groups				
Service organization	Honor Society	12	Assisted in the concession stands at football and volleyball games; Participated in the community clean up program; Organized the school's annual blood drive	30
Jobs/Internships	Title	Grades involved	Short description	
Job	Babysitting	9-12	Consistently worked for my neighbors watching their kids on an as needed basis	
Job	Kohls	11-12	increased communication skills while cashiering, and organized stock when new shipments arrived	